# FEDS PLEDGE AID FOR BANKRUPT NORTEL, PG 7

**Celebrity Buzz**

## Rihanna keeping eye on Brown

pg 14

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VANCOUVER 2010 **Games**

## Amendment coming for Village bailout

**RECALL** Premier Gordon Campbell will recall B.C.'s Legislative Assembly to pass an amendment allowing Vancouver to borrow up to $458 million to complete the financially troubled Olympic Village.

Speaking to media yesterday, Campbell said work on the amendment is underway. Once completed, the legislature will be recalled and the amendment introduced to the House.

No date for the recall has yet been scheduled, but it will be before the Feb. 10 throne speech.

On Monday, Vancouver's city council passed a unanimous motion to ask the province to amend the Vancouver Charter to allow the city to borrow money without a referendum.

The final $21-million of a $100-million city advance will be spent on the project today to keep construction moving.

JEFF HODSON/METRO VANCOUVER

**Food** pg 10

## Sea-friendly fish choices

**Sports** pg 8

## Lawyer quits to play poker

# Man charged in hit-and-run

## Five counts laid after investigation into 21-yr-old's death

KRISTEN THOMPSON
kristen.thompson@metronews.ca

**Nearly 10 months after Silas O'Brien was killed in a hit-and-run in Abbotsford, police have charged a man in connection with his death.**

Brent Donald Parent, 40, of Langley has been charged with five counts, including criminal negligence causing death, which carries a maximum of life in prison. He's also been charged with dangerous driving causing death, and failure to stop and failure to offer assistance.

"Mr. Parent was made aware of the charges and turned himself in at the Langley RCMP office earlier this morning," RCMP Cpl. Dale Carr said yesterday.

O'Brien, 21, and two friends were heading to the airport for a trip to Hawaii on March 13, when their truck was allegedly forced off the road into a ditch by a vehicle they'd tried to pass.

According to police, O'Brien and his friends got out of their truck to look for damage when the vehicle returned and drove straight at them.

Sam Dooley and Luke Stevens were able to get out of the way, but O'Brien was hit and killed.

"Mid-morning of (that day), investigators located the suspect and the vehicle," Carr said.

"Over the course of the last several months, investigators have compiled an investigation that included … expert analyses. That report was forwarded to Crown counsel for review and charge approval."

Parent will make his first appearance in Surrey Provincial Court on Jan. 30.

ShareYourViews
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Captain Canuck **Welcome back**

BRUCE BENNETT/GETTY IMAGES

Vancouver Canucks captain Roberto Luongo is expected to make his return to the team's lineup tonight when the Canucks take on the Phoenix Coyotes. The all-star goalie has been out of action since he injured his groin in late November. Story page 8

## Five killed, five hurt in house fire

KRISTEN THOMPSON
kristen.thompson@metronews.ca

**CHEMAINUS** Five people were killed and another five injured in a house fire on the Chemainus Indian Reserve near Nanaimo early yesterday morning.

RCMP Const. Edward Power said the fire broke out around 2:30 a.m. yesterday.

While the cause of the fire hasn't been established, police said family members had been digging clams on a nearby beach using a lantern, and the fire may have started when someone brought the lamp inside.

Power said some of the people on the beach tried to run into the home to rescue those inside, but the fire was too intense.

They were taken to hospital in Nanaimo to be treated for burns.

Please recycle

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**Get yourself a Canucks commemorative jersey**
The Canucks for Kids Fund is launching an online auction with items that include one of 10 commemorative sweaters worn and signed by Canucks alumni. The sweaters were worn by Trevor Linden's former teammates during his Dec. 17 jersey retirement ceremony. Visit canucks.com/auction. METRO VANCOUVER

# Local

## Sculptures get a makeover

**The remaining three figures in the J. Seward Johnson sculpture Photo Session have been removed from Queen Elizabeth Park. They will be sent to New Jersey for refinishing along with a fourth figure that was stolen and later recovered. The sculpture will be reinstalled in late spring.** METRO VANCOUVER

# No taboos found at this sex show

KRISTEN THOMPSON
kristen.thompson@metronews.ca

**There's more to the pursuit of health than eating well, exercising and meditating and as Vancouverites try to start 2009 on the right foot, they should be thinking of sex, too.**

Intimacy coach Kim Switnicki, who will be at Taboo — the Naughty But Nice Sex Show from today until Sunday, says having an honest and healthy sex life has a "huge impact" on your relationships and your health.

**Q:** Why is the Naughty But Nice Sex Show important?

**A:** "It's a perfect place for people to discover their sexual truths and feel accepted and open about who you are as a sensual being.

> **"It's a perfect place for people to discover their sexual truths and feel accepted and open about who you are as a sensual being."**
> Kim Switnicki

"It's empowering. (By) knowing who you are as a sensual being and respecting your own body you're going to be so much better off in other areas of your life."

**Q:** What are some of the most common reasons people seek out your expertise, and what advice do you give them?

**A:** "They often come to me about issues of low sex drives. Get checked out by your family doctor … and discuss (things) with your partner. You may find that when you get everything out in the open then you're a lot better-matched than you think."

**Q:** People are usually quite stressed in the New Year. How does stress affect people's sexual relationships?

**A:** "Stress … can cause people to retreat inwardly, moreso for men than women. Even if you're not having sex, you can maintain intimacy in your relationship (like) showering together or moisturizing together before bed.

"It's so much easier to face the world when you have someone in your court."

KRISTEN THOMPSON/METRO VANCOUVER

**Makeup artist Jennifer Little, with the Ace Angels International body painting team, practises on model Vanessa Siemens in Vancouver yesterday. Ace Angels will be at Taboo — The Naughty But Nice show in Vancouver from today until Sunday.**

## Adults only

• The fifth annual Taboo — Naughty But Nice Sex Show runs from today until Sunday at the Vancouver Convention Centre.

The adults-only consumer trade show, which is dedicated to romance and self-improvement, showcases the latest in products and services, fashion shows, product demonstrations and seminars.

Other highlights include booths by cabaret shows like Maxine's Hideaway cabaret restaurant and lounge, exotic retail outlets like Love Nest, and dance classes like Bellydance Vancouver.

Tickets are $20 at the door.

For more information visit taboosexshow.com. KRISTEN THOMPSON/METRO VANCOUVER

## Transit **Gas tax fuels new SkyTrain cars**

PHOTO COURTESY OF TRANSLINK

**One of 48 new SkyTrain cars at the operations and maintenance centre in Burnaby yesterday. The cars were announced in April and were purchased with federal gas tax funding. They will be put into service later this year.**

# Vancouver to review its snow response

**SNOW REMOVAL** Simply waiting for warm weather to melt packed snow on residential streets is not "acceptable," the head of Vancouver's engineering department admitted yesterday as he announced a review of the city's snow response.

General manager of engineering services Tom Timm said this winter has been the longest period of cold, freezing weather and heavy snow accumulation in his 31 years with the city. More than 100 centimetres of snow fell in five weeks.

Timm said the city is reviewing its snow procedures ahead of the 2010 Olympics.

"We have tried to plow streets in the past … we found out that we were very ineffective," Timm said.

The city, he said, will look at getting four-wheel-drive plows and more graders. They will also look at implementing a bylaw that requires homeowners to clear their walks. JEFF HODSON/METRO VANCOUVER

# Doomed tree may get new life

**TREE** Stanley Park's doomed hollow tree could be granted an 11th-hour reprieve.

On Monday, Vancouver's Park Board will be asked to approve an engineering plan that would see the historic red cedar snag realigned and permanently stabilized. JEFF HODSON/METRO VANCOUVER

## News in brief

**I.D.** A snowmobiler killed Sunday in an avalanche southwest of Chetwynd, B.C., has been identified as Harold Keith Waldner, 45, of Rycroft, Alta.

**CHARGES** A 44-year-old Abbotsford man has been charged with eight counts related to possessing and distributing child pornography. METRO VANCOUVER

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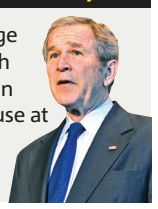
What's online today.

**Video** George and Laura Bush reflect on life in the White House at metronews.ca/world



## Lotteries

| | |
|---|---|
| Lotto 6/49 | 20, 35, 36, 37, 39 & 49 Bonus 38 |
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| Extra | 6, 17, 83, 85 |

These results are not official.

**Canadians still trapped in Gaza**
Officials in Ottawa are still working on evacuating nearly three dozen Canadians from the Gaza Strip, the Foreign Affairs Department says. In a statement released Tuesday night, the department said there are still 34 Canadians who have indicated they want to leave the troubled region. CBC NEWS ONLINE

# Canada

## Oilsands on the agenda

**Alberta's oilsands, a vast oil source that critics say comes at a big environmental cost, will be on the agenda when Barack Obama, left, visits Canada on his first foreign trip as U.S. president, said Prime Minister Stephen Harper. Harper told a Calgary radio station that he has been in touch with officials from Obama's administration even as the president-elect prepares for his inauguration next Tuesday.** REUTERS

# Tories feel heat over climate

## Ottawa must plan to work with Obama's proposed environment strategy

**Don't tell Canada's Environment minister about "hope" and "change," the rallying cries of Barack Obama's U.S. election victory.**

In the months to come, Jim Prentice must steer a complex proposal to essentially harmonize his government's climate-change plan with the one proposed by the Obama administration. The result will be a North American market for trading greenhouse-gas emissions credits, giving companies the incentive to cut their carbon footprint.

**"The election of Mr. Obama and the determination and the clarity with which he has spoken on climate change really is a fundamental change."**
Environment Minister Jim Prentice

To do that, Prentice will have to change considerably the Tories' environment blueprint and hope that the hoopla over Washington's re-engagement in the global warming fight will bring the Conservatives the political breathing room they have been denied for the last three years.

"The election of Mr. Obama and the determination and the clarity with which he has spoken on climate change really is a fundamental change in terms of the situation," Prentice said.

"I think it's fair to say that we are now in a position where the policy framework we're talking about as Canadians and the policy framework the new president has spoken about are very consistent."

Prentice's view is that Obama's America has come around to the Tory way of thinking on climate change.

But faced with a new U.S. administration that is stacked with climate-change fundamentalists — people on a first-name basis with former vice-president Al Gore — it will be up to Ottawa to find religion.

TORSTAR NEWS SERVICE

# Conservatives' military truck contract 'gross negligence': NDP

**NAVISTAR** NDP Leader Jack Layton yesterday accused the Tory government of "gross negligence" for allowing Navistar International to build 1,300 trucks for the Canadian military in Texas, while laying off hundreds of workers at an Ontario plant.

"We don't have that many times when we can directly provide so many high quality jobs, particularly through procurement," said Layton of the awarding of the $254-million contract to be filled by 2010.

**"We should be buying Canadian, particularly when it comes to defence."**
Jack Layton

"We should be buying Canadian, particularly when it comes to defence procurement," added Layton. "Job creation in Canada is an established practice. All other countries are doing it."

Earlier this week, Canadian Auto Workers Union president Ken Lewenza criticized the contract in a letter to Defence Minister Peter MacKay, asking him to "revisit" the decision. He asked for a meeting with the minister.

TORSTAR NEWS SERVICE

# Checklist makes operations safer: Study

**HEALTH** Two minutes and a piece of paper could launch a revolution in medicine.

A seemingly simple safety check during major operations has the power to prevent millions of people around the world from suffering surgical complications, researchers reported yesterday. Safety experts are pushing for hospitals to adopt the safety checklist to ensure surgeons and their teams save lives even before they pick up a scalpel.

All the points seem simple, but when put together they become something much bigger, says Bryce Taylor, surgeon-in-chief at Toronto's University Health Network. The study, published online yesterday in the New England Journal of Medicine, found using the checklist reduced surgical complications by four per cent.

TORSTAR NEWS SERVICE

### 19-point list

- The 19-point list checks items as basic as the patient's name and condition, confirms whether all medical images are present and enough blood is on hand, and even asks surgical team members to introduce themselves.

# Heroes **Obama meets Spidey**

PLANET MAURIE

**Amazing Spider-Man No. 583, featuring a story about U.S. president-elect Barack Obama, hit the shelves of North American comic book shops yesterday. George Zotti, manager of a comic shop in Toronto, says his store sold out in 20 minutes. Inset: Alternate cover featuring Obama.**

## **News** in brief

**CAMBODIA** A Canadian man has been charged with sexually abusing two Cambodian girls aged 10 and 12, CBC News Online reports. Daniel Lavigne, 68, of Quebec was charged yesterday with having sexual intercourse and committing indecent acts with minors, officials said.

**OLYMPICS** Premier Gordon Campbell said yesterday the B.C. legislature will be recalled as soon as possible to deal with Vancouver's request for an amendment to the city charter so that it can borrow money to complete the Olympic Athletes' Village, CBC News Online reports.

**CORRECTION** An incorrect date for an event appeared in a Learning Curve article in Tuesday's paper. Family Literacy Day takes place on Jan. 27. The World Record Attempt will happen on Jan. 23 to celebrate Literacy Day. Metro regrets the error.

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**Facebook postings lead to arrest of suspected New Zealand burglar**
New Zealand police have arrested an alleged safe burglar by using the social networking website Facebook to track him down. Police posted security-camera footage and pictures showing the man's face as he allegedly tried to break into the safe of a local tavern on Monday, and the suspect was identified by viewers on the site. REUTERS

# World

## Cuomo over Kennedy: Poll

**More New Yorkers prefer state Attorney General Andrew Cuomo over Caroline Kennedy, left, to fill Hillary Clinton's U.S. Senate seat, according to a poll released yesterday. Kennedy, the daughter of slain president John F. Kennedy, and Cuomo, the son of former New York governor Mario Cuomo, are considered top contenders to succeed Clinton, who has been nominated to serve as U.S. secretary of state.** REUTERS

# Israel rebuffs truce

## Hamas could use ceasefire to rearm: Official

**Israel said yesterday it would not agree to a temporary ceasefire in the Gaza Strip that Hamas could use to rearm, underscoring the gap between the two sides in Egyptian-brokered talks.**

Hamas has rejected an open-ended truce, seeking instead a more limited six-month agreement that could be renewed, according to Arab diplomats.

"Israel will not accept a situation where Hamas gets a temporary period of quiet just to rearm and regroup and that ends with further rocket barrages on Israel," said Mark Regev, spokesman for Israeli Prime Minister Ehud Olmert. "Israel seeks a durable quiet that contains a total absence of hostile fire from Gaza into Israel and a working mechanism to prevent Hamas from rearming." Olmert's office said defence official Amos Gilad would travel to Cairo today for talks on a ceasefire after 19 days of fighting in which more than 1,000 Palestinians have been killed, along with at least 13 Israelis. REUTERS

### Lebanese rockets fired on Israel

- The UN expressed alarm over reports of Lebanese rocket attacks against Israel, and urged all parties in the region to avoid exacerbating the situation. Security sources in Lebanon said five rockets were fired.

INTELCENTER HANDOUT/REUTERS

This handout from IntelCenter shows an Internet screen grab captured yesterday of Osama bin Laden. In an online audio message released on Islamist websites, the al Qaeda leader called for jihad (holy struggle) over the Israeli offensive in Gaza.

# Bin Laden calls for jihad over Gaza strikes in new message

**MIDDLE EAST** Al Qaeda leader Osama bin Laden called for jihad against the Israeli offensive in Gaza in an audio tape that appeared on Islamist websites yesterday.

The Saudi-born militant said the global financial crisis had exposed the waning U.S. influence in world affairs and would in turn weaken its ally Israel.

"Our brothers in Palestine, you have suffered a lot ... the Muslims sympathize with you in what they see and hear. We, the mujahedeen, sympathize with you also," bin Laden said. "We are with you and we will not let you down. Our fate is tied to yours in fighting the Crusader-Zionist coalition, in fighting until victory or martyrdom."

The Israeli offensive to crush the Islamist Hamas movement in Gaza has caused widespread anger among Arabs and Muslims.

A White House spokesperson said the tape "demonstrates (bin Laden)'s isolation and continued attempts to remain relevant." REUTERS

## Cops find pilot wanted for fraud after plane jump

**CRIME** A pilot accused of parachuting out of his plane and letting it crash in an apparent attempt to avoid fraud prosecution by faking his death has been arrested, officials said.

Marcus Schrenker, 38, is said to have bailed from a single-occupancy plane as it flew over Alabama on Sunday, safely parachuting to the ground near Harpersville, Ala. REUTERS

## Massive traffic crashes website for Aussie island caretaker job

**TOURISM** The chance to be the caretaker of a tiny tropical island in Australia has sparked so much interest that a rush of applications crashed the website advertising the post (islandreefjob.com).

The job, which offers a salary of $105,000 to spend six months on the Great Barrier Reef island of Hamilton, has been inundated with hundreds of thousands of prospective candidates.

Duties for the so-called "best job in the world," created by Tourism Queensland as an antidote to the global economic slump, include feeding ocean fish, cleaning a pool and collecting deliveries of mail that arrive by plane.

The successful candidate will have to go scuba diving, snorkelling and hiking and visit at least 25 nearby resorts. REUTERS

## News in brief

**PERU** The country's top court has ruled that workers cannot be fired for being drunk on the job. Pablo Cayo Mendoza was ordered to be restored to his job as a janitor for the town of Chorrillos, which fired him for being drunk at work. The firing was excessive because Cayo could still speak and did not hurt anyone, the judge said.

**POLAND** Authorities have unearthed the remains of 1,800 bodies and expect to find more in a mass grave believed to date back to the final days of the Second World War. The site is in a corner of northern Poland that was part of Germany until 1945. Authorities suspect the remains are of German civilians, at least some of whom were probably killed by Soviet forces. REUTERS

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11 - 45905 Yale Rd.
7544B Vedder Rd.

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5 - 3000 Lougheed Hwy.
2700B Barnet Hwy.
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2 - 901 Lougheed Hwy.

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C104 - 20159 88th Ave.
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# Comment & Views

## Comment

# Eulogy for coalition

### Tactic had a short, happy life in response to Tory ineptitude

Home&Abroad

**Andrew Cohen**

Canada & world insight

There is important news from Quebec this week. Gilles Duceppe, the leader of the Bloc Québécois, says that reports of the death of the coalition are greatly exaggerated.

He denies that it has been weakened by the surprising emergence of Michael Ignatieff as interim Liberal leader. And he has been unfazed by a poll that shows more Canadians would prefer an election than a coalition government.

So he thinks the coalition is solid, sensible and viable. No one should ever say that Duceppe doesn't have a sense of humour.

The coalition? Do you remember the coalition?

It was created by the Bloc, the New Democrats and the Liberals before Christmas. It was a smart response to the government's ineptitude — from its paralysis on the economy (no stimulus, no deficit) to ending public subsidies for political parties (bankrupting the opposition).

It had a short, happy life, the coalition did, and it served its purpose brilliantly. It unified and mobilized the opposition against an arrogant government and forced its retreat. It humbled Stephen Harper, if that is possible.

It forced the intervention of the Governor General, who allowed the prime minister to prorogue Parliament and avoid a vote of non-confidence that he would have lost. And it forced the Liberals immediately to oust Stéphane Dion, cancel their long leadership race and crown Ignatieff. Not bad.

**It unified and mobilized the opposition against an arrogant government and forced its retreat.**

But that's history now. Today, six weeks on, if Harper were to seek an election from the Governor General — rather than have her request that the opposition parties form a government — he would get an election that he would probably win.

But Harper also knows the risks of an early election. He has hurt himself in Quebec, leaving an opening for a reinvigorated Liberal party. That's why he has reversed himself so dramatically on the economy, preparing a strong stimulus package with a swelling deficit.

This won't be enough for Duceppe, or for the New Democrats, who have the luxury of opposing it. But it will be more than enough for Ignatieff, the hawks in his camp notwithstanding.

The Liberals will support the Conservatives, the budget will pass, and the government will govern. The Liberals will begin to renew themselves, which will take time.

The coalition was always more a tactic than a strategy, a spicy Christmas confection, but it's now as dead as Jacob Marley.

Andrew Cohen teaches journalism at Carleton University. He is the author of Extraordinary Canadians: Lester B. Pearson.

MICHAEL DE ADDER

## Views

# Mother and daughter relationships – revised

**Georgie Binks**

Is it my imagination, or are there more mother/daughter duos out there these days who more closely resemble daughter/daughter teams? The only way to tell them apart is by their foreheads. Mom's brow is firm, courtesy botox, while her daughter can still scrunch hers up in displeasure.

With nips, tucks, workouts, hair colouring and a lack of great clothes for women over 50 (so we borrow our daughter's), young women have to feel their mothers breathing down, not just theirs, but their boyfriends' necks. In my day, unless your mom was Mrs. Robinson, your boyfriend fantasized about her baking, not her.

One of my girlfriends, 57, who works out, sports a great hairdo and cool wardrobe, boasts, "I love when I'm with my 30-something daughter and they think we're sisters — even better if that happens with my 21-year-old."

Naturally, daughters can't stand it. Drop-dead gorgeous, Samantha, 21, says, "Guys told me all through high school they loved my mom and it really bothered me."

My own daughter, 21, après one too many sister remarks, snaps, "What? Do I look like a 50-year-old woman?"

So what's a mom to do? Cancel the gym membership and embrace her outer greyness? No, says Dr. Karyl McBride, author of Will I Ever Be Good Enough? Healing the Daughters of Narcissistic Mothers. "If a mother takes good care of herself and doesn't age as much, she can be a good role model for her daughter."

Just because you look like her best friend, don't try filling the role, cautions McBride.

"These days, mothers and daughters share information about dates and sex. It isn't appropriate. A daughter needs to be able to look up to the mother as the parental figure."

Recently, I read that Kate Hudson had felt intimidated by her mother Goldie Hawn when she was younger. Most of us aren't as successful or as gorgeous as Goldie, so, hopefully, our daughters wouldn't feel that way, nor would we want them to.

In my own house, officially there's no competition. However, my daughter, unofficial winner of the swimsuit competition, is now taking me on professionally, which I did not see coming. Recently, I told her a story idea of mine, and she told me she was going to write about it for her school newspaper.

Shocked, I told her, "You can't. It's my idea."

"Don't you know you never tell another reporter your story ideas?"

There's only one way to win this, I figure.

Wait until those great new jeans are all alone in your closet and you're out. We're the same size, after all.

Just like sisters.

Georgie Binks is a freelance writer who writes for newspapers, magazines and websites.

## Letters

### Auto bailouts can address real systemic changes

In further comment on the ridiculously excessive executive salaries, as Canadians we need to be asking how and when this folly can be amended.

A recent event where potential for some redress of these ballooning paycheques is the auto-industry bailouts.

Perhaps a reasonable model of modesty in executive compensation could be extended to other public arenas, such as school boards, hospitals, transit authorities and financial institutions.

So why has Stephen Harper not seized this opportunity to establish clear guidelines for exactly how this auto-sector bailout money be used? Aren't these extreme inequities and enemies of Canadian prosperity and unity worthy of attention?

The Canadian public is entitled to more than the lip service we have been given.

This has been and still has the potential to address some real systemic changes to how business is done in Canada for the benefit of all Canadians and not just a privileged few.

KEVIN BROWN, TORONTO

### Making consensual polygamy illegal infringes on civil rights

I'm not a polygamist. Frankly, one wife is more than enough for me. But I don't think it should be illegal.

It's a way of living that goes against our country's dominant religious moral beliefs, but that's no reason to make it illegal. Hopefully, that law will go out the door like so many other antiquated laws that go against our civil rights, like the now-abolished laws against interracial marriage in the United States, or the continuing debate against gay marriage.

It's true that some polygamous relationships have been abusive, but so are quite a few monogamous relationships. We already have laws, help lines and services to deal with these horrible situations.

I don't see what making consensual polygamy illegal does, other than infringe on people's civil rights to live their lives according to their religious or cultural beliefs.

GIAN MANCUSO, TORONTO

**It's your turn to tell others what you think. E-mail your thoughts and opinions to: vancouverletters@metronews.ca**
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

**World's second richest man gets domain name for free**
The world's second richest man, Mexican tycoon Carlos Slim Helu, won control of a web address in his name (www.carlosslimhelu.com) for free yesterday. An arbitrator ruled the site an Indonesian had tried to sell him for $55 million US was registered in bad faith. REUTERS

# Business

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EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

## Ottawa to aid Nortel

**The federal government pledged yesterday to help Nortel Networks Corp. emerge from bankruptcy protection.**

"The government of Canada appreciates the importance of the telecommunications industry to our economy and will continue to work with Nortel during its restructuring through Export Development Canada," said Industry Minister Tony Clement.

The government agency has agreed to provide up to $30 million in short-term financing. EDC spokesman Phil Taylor said the agency's risk tolerance was higher than that of banks, but said its financing would not amount to a bailout.

Nortel, North America's biggest telephone equipment maker, filed for bankruptcy protection yesterday, hoping to save a once high-flying business whose decade-long decline has accelerated with the global economic crisis. REUTERS

### Olympics still safe: Organizers

- VANOC said Nortel's financial problems should not affect the financing and technological infrastructure of the Games. Much of the company's commitments have been delivered and will be in place by May. CBC.CA/BC

## Slowdown hits Canadian media firms

**MEDIA** The economic slowdown has squeezed advertising spending and hurt quarterly financial results for Canadian media companies, triggering warnings of weaker results and credit problems.

Canwest Global Communications, which owns newspapers in every large urban market in Canada along with the country's Global television network, said yesterday it may fall short of certain financial covenants in its credit facilities if negative economic conditions persist.

Media company Corus Entertainment, which owns the Nelvana animation house, lowered its forecasts for 2009 yesterday due to a slowdown in ad revenue. REUTERS

## Magna denies eyeing Chrysler

**AUTOS** Magna International has denied it is talking to Chrysler LLC about buying any piece of the automaker, including the Jeep brand. Sources said Chrysler is in talks with Renault-Nissan and Magna about the sales of assets.

Chrysler vice-chair Tom LaSorda also rejected suggestions the company is trying to sell plants or assets such as tooling for an existing vehicle.

TORSTAR NEWS SERVICE

### Business in brief

**AIRLINES** The Canadian Auto Workers union said yesterday it has reached three-year tentative contract agreements with Air Canada and Groupe Aeroplan, covering around 5,000 customer service and sales agents. REUTERS


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**Former CFL player paroled**

A former CFL player was granted parole after serving time for knowingly exposing women to the virus that causes AIDS. Trevis Smith, an ex-linebacker with the Saskatchewan Roughriders, made his case before the National Parole Board in Saskatchewan, where he is serving a six-year sentence. He'll be released from prison Feb. 25 and deported to the U.S. METRO NEWS SERVICES

# Sports

## No Viagra needed for high

**Brazilian soccer clubs Palmeiras and Gremio denied they are thinking about giving their players Viagra to combat oxygen depletion during upcoming matches in high-altitude locations. Viagra, or sildenafil citrate, suppresses an enzyme that regulates blood flow and allows vessels to relax and widen.** METRO NEWS SERVICES

SPORTS@METRONEWS.CA

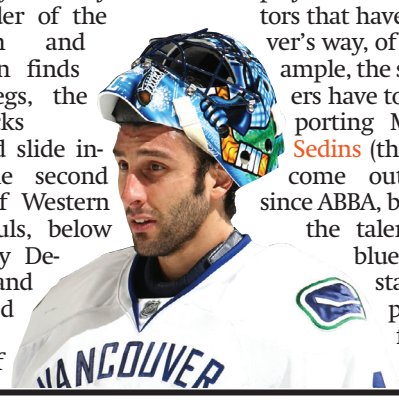
# Look who's back, not a moment too soon

He's ba-a-a-ck. No, not that Mats Sundin guy; that's last week stuff.

Two months and 25 games later, Roberto Luongo is on the verge of returning to the Vancouver Canucks crease, and not a moment too soon.

The Canucks were an impressive 12-6-2 when Luongo strained his groin in a game against Pittsburgh back on Nov. 22. Not surprisingly, they couldn't keep the pace going without their No. 1 netminder. Entering Thursday night's action, Vancouver went 10-12-3 without its captain in goal (that still sounds weird); not awful, but not good enough.

But with Luongo back — he has pronounced himself "100 per cent" and said he just needs to find his form — the Canucks are a top Western Conference candidate once again. Let's face it, Vancouver has had the rare luxury of adding two top-flight players in Luongo and Sundin (in the middle of the season, no less). On that basis alone, the Canucks have made big gains on the rest of the West. Assuming Luongo stays healthy for the remainder of the season and Sundin finds his legs, the Canucks should slide into the second tier of Western hopefuls, below mighty Detroit and stacked San Jose. If Luongo and Sundin spark the Canucks in the second half, Vancouver has a good shot at overtaking Calgary for first place in the Northwest Division; that's significant, of course, because it means a round or two of home-ice advantage in the playoffs. There are other factors that have to go Vancouver's way, of course: For example, the secondary scorers have to continue supporting Mats and The Sedins (the best band to come out of Sweden since ABBA, by the way), and the talented-but-brittle blue-line needs to stay healthy (especially the top four). But these are the kinds of challenges that every team faces; *of course* the best players need to stay healthy and productive, *of course* they need their No. 1 goalie.



The difference for Vancouver is, they actually have these top-end pieces in place on their roster. Now, they just need to figure out how to put the whole puzzle together.

TheHockeyNews

Sam McCaig

thehockeynews.com

### Sanford waived

- The Canucks have goalie waived Curtis Sanford, who had been splitting time with Jason LaBarbera.

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Photo by: John Kamitakahara

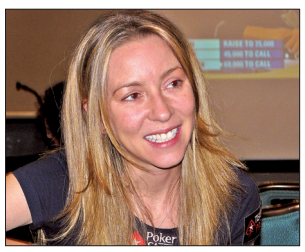
# No Mercy: Quebec woman dumps law for poker

MARTY YORK
marty.york@metronews.ca

**She is 5-foot-2 and maybe 100 pounds, but she is a fireball who burns with rage and, frankly, you don't want to mess with her.**

At the poker table, where she ranks as one of the planet's top-five female players, Canadian Isabelle Mercier is fiercely determined to kick your butt — figuratively, of course. Mind you, as a trained kickboxer, there are no guarantees she'll refrain from hoofing your backside literally, as well.

"Fact is, Isabelle scares men," Tori Coxon, chief spokesperson for the wildly successful, multi-billion-dollar PokerStars business, says matter-of-factly. "She's tiny, yes, but she's incredibly aggressive, competitive and very intimidating."



Isabelle Mercier gave up a law career ... for a more lucrative poker career.

And somewhere along the way, this diminutive dynamo from Victoriaville, Que., picked up the nickname "No Mercy." And, well, you get the picture.

"I really think," Mercier says, "that I was born to play a game for a living. I always played games. I played card games with my parents when I was six. I live to play and win. Poker isn't only my job. It's my passion."

And she's good at it. Since finishing second at the Masters Classic in Amsterdam in 2002, Mercier has quietly earned hundreds of thousands of dollars and, according to poker sources, has reached millionaire status — to the point where she recently decided to stop living out of a suitcase.

"I got myself an apartment in Monaco," she reveals. "It's a beautiful place. I'm financially set for life. I'm happy."

It wasn't always like this. Mercier used to be a lawyer. Yes, she gave up her job as a full-time lawyer to become a full-time poker player. After obtaining a law degree at the University of Montreal, she practiced commercial law in the city for six months.

And she loathed every second of it.

"It was horrible," she recalls, grimacing. "It was boring. I hated it so much that I'd spend hours in the washroom, sleeping. Every day."

Did her legal background help prepare her for poker?

"Maybe," she says, "but I learned much more about competing from my kickboxing days."

PokerStars became so enamored of the hardnosed brunette and her style that it hired her as an amassador.

At 33 and single, she appears publicly in that role and plays against challengers at pokerstars.net, the world's largest online poker room. She also has written a book called Profession: Bluffer. The French version is out; the English version will be published soon.

For more of this story on Isabelle Mercier, visit www.metronews.ca/sports

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# Metro Homes

**Obama's house**

**U.S. president-elect Barack Obama's officials confirm that the Obamas have chosen Los Angeles-based interior designer Michael Smith to decorate the private quarters of the White House, CNN reports.** METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

# Good company, not good china

## Dinner parties don't have to be Martha Stewart perfect: Try these no-fuss tips

UrbanDweller

**Carlyn Yandle**

metronews.ca/urbandweller

My family wasn't much for dinner parties, so when I moved into my first apartment in my early 20s, I turned to Martha Stewart for guidance. Suddenly I was swimming in tips for creating hand-written invitations and magazine-worthy set tables.

How times have changed. Martha recently demonstrated the fine art of serving macaroni-and-cheese-topped wieners — in store-bought buns.

Just as the Martha machine has tweaked some of its content, I've also simplified what goes into a dinner party and have given up those half-baked plans to go full-Martha.

Really, any guest you'd want over for dinner isn't there for starched linens, matching china or cut crystal but good company and conversation. A dining table isn't even required as long as everyone has a comfortable seat.

CARLYN YANDLE PHOTO

Any guest you'd want over for dinner isn't there to critique, but for good company and conversation.

If you've got the big challenge of little space for entertaining, consider entertaining buffet style, allowing your guests to serve themselves then take their plates to the living room, where they can park their glass of wine or plate on a handy surface.

**If you've got the big challenge of little space for entertaining, consider entertaining buffet style, allowing your guests to serve themselves then take their plates to the living room, where they can park their glass of wine or plate on a handy surface.**

Set up the buffet by pushing your dining table against one wall to allow for maximum foot traffic. If the table is deep (square or round), start by stacking up a couple of phone books or other thick, flat items near the wall side to create a more easily accessible tiered table. Cover the platforms with a tablecloth or, failing that, a crisp flat bed sheet. If you have a hanging light fixture over the dining table, reposition it on a new ceiling hook above your buffet, or, if that's not possible, shorten the length so it doesn't bonk the heads of your dinner guests.

If you don't even have a dining table, use the most accessible part of the kitchen counter. Line up the items logically starting with plates and ending with any sauces or condiments, and a set of cutlery wrapped in a napkin for each guest. Do break the bank and buy some pretty paper napkins if you don't have a cloth set; paper towels don't cut it.

Finally, keep the menu simple. A hearty pasta and a tossed salad is sufficient. Avoid difficult dishes that must be prepared moments before you serve. If you like the idea of courses, add a soup starter or a cheese plate that can be reintroduced at dessert with some fresh fruit.

Make your dinner party a potluck and it might become a weekly event.

Carlyn Yandle is a Vancouver journalist with her own room-planning business, Home Reworks; carlyn@homereworks.com.

# Staging the perfect home sale

HouseLeague

**Ryan DeLuca**

metronews.ca/houseleague

It is time to kick off the new year with a fresh batch of homes for sale. Even though the market is in a slump, we are starting to see a shift with more interest in the market from buyers. Open houses are one of the best ways to get those buyers to write an offer, but how do you ensure your agent is putting on the perfect open house?

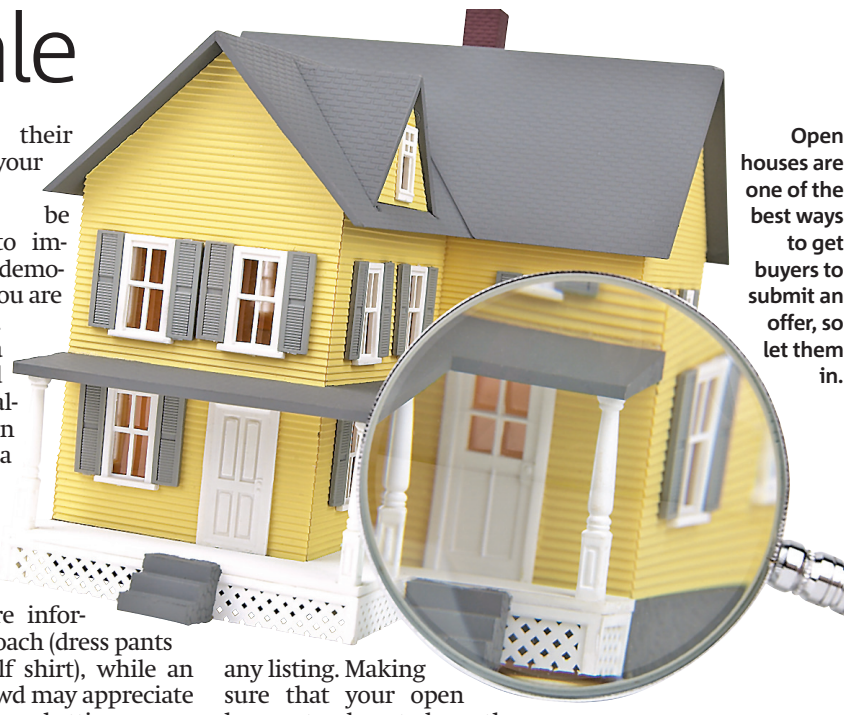
Thousands of open houses are held every weekend by vendors and their realtors. The ones that are the most successful are the ones that can keep the buyer in the home as long as possible. This is because buyers will view multiple properties in a weekend and the more time they spend in yours, the more likely they are to remember what they loved about it.

Serving coffee and water, and providing tasty treats, is a great way to hook the buyer. Stick with small cookies and pastries that can be enjoyed as the buyer makes his/her way around the home. Place a small but attractive refuse bin in each room so that you do not end up with garbage around the space during viewings.

Ensure that all rooms are free from clutter and garbage, are void of offensive odours, and are decorated with an updated and neutral palate. All knick-knacks and personal photos should be boxed up and ready to move. This especially holds true for any children's rooms. Put all those toys away and take all the posters down. A buyer may want to use the spare room as guest room or office and it can be particularly difficult to envision if the room is full of cartoon characters on the walls and stuffed animals underfoot. Children's rooms should have a young but sophisticated feel to them so they sell themselves, while the rest of the home should boast a modern clean decor.

As for the realtor — well, each realtor will have their own selling style. Regardless of their method, your realtor should be dressed to impress the demographic you are targeting. While a shirt and tie are always in style, a younger crowd may respond better to a more informal approach (dress pants and a golf shirt), while an older crowd may appreciate a more formal attire.

All of these things should be discussed with your realtor in advance of signing any listing. Making sure that your open house stands out above the rest is just one way to ensure a quick sale for maximum dollar.



**Open houses are one of the best ways to get buyers to submit an offer, so let them in.**

Ryan DeLuca is a realtor with Sotheby's International Realty Canada, and host of The Real Estate Minute on Novus TV; rdeluca@sothebysrealty.ca.

**Purchase online**
A Good Catch, Sustainable Seafood Recipes from Canada's Top Chefs by Jill Lambert is available online at Amazon.ca from $15.72. METRO NEWS SERVICES

# Food

***"A Good Catch by Jill Lambert culled recipes from Canadian chefs, from a Taco Trout Bake to Grilled Swordfish with Forbidden Black Rice and Soy Emulsion."***
**Barb Holland/for Metro Canada**

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

## LiquidAssets

**Peter Rockwell**
liquidassets@eastlink.ca

### Comfort wines

While I've never needed any added incentive, the recent blend of crappy weather and an even crappier economy have surely been enough to drive even the most determined teetotaler to drink.

With the way the world's spinning lately the search for wines that combine a decent price with drinkable juice isn't just a quest for the thrifty — it's a necessity for almost everybody.

In times like these I look to my list of comfort wines; those that wrap my palate in consistent familiarity without picking my pocket.

To find a great red deal look down, way down, to South America. The **2008 Cono Sur Pinot Noir** ($11.45 - $12.99) from Chile is a classy little pinot with a light and juicy strawberry/cherry fruit flavour that ends with a soft, milk chocolaty finish. Its refreshing acidity makes it a great match for grilled salmon or a zingy tomato sauce.

Prefer white? Try Australia's **2008 Yellow Tail Pinot Grigio** ($10.95 - $11.99), a clean, lemon-meets-lime fruit fest with a lean, green flavour and zesty, citrus aroma that's a nice partner for grilled shrimp (or any other fish with a shell) and just about any poultry dish.

*Prices reflect the range across the country. Some products may not be available in all provinces.*

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

# Not always more fish in the sea

## À la carte

**Barb Holland**
Metro Food Writer

When we eat fish, are we making good choices for healthy oceans? SeaChoice, Canada's Seafood Guide — part of which is pictured below — is available in full at seachoice.org.

**Many of us are eating more fish and seafood for its health benefits, but are we making good choices for healthy oceans?**

**SeaChoice, Canada's Seafood Guide, is a handy wallet card that lists categories such as Best Choice, Some Concerns and Avoid for all fish and seafood. For a copy of the guide, go to seachoice.org and carry it with you to help make sustainable seafood choices when shopping or eating out. Due to sometimes inadequate labelling, be prepared to ask questions such as: Where is it from? Is this fished or farmed?**

**A new book by Vancouver-based writer, Jill Lambert, A Good Catch, Sustainable Seafood Recipes from Canada's Top Chefs (Greystone Books/Douglas & McIntyre), $25, provides insight and information.**

**It begins with a discussion about fish on making good fish decisions, choosing, preparing and storing fish and seafood; basic cooking directions and a quite extensive Species by Species Sustainability Guide (done by the David Suzuki Foundation and SeaChoice Canada).**

**The book also suggests substitutions for fish that may not fit into the SeaChoice guidelines, so you can still cook your stand-by recipes responsibly.**

### Salmon and Edamame Salad with Wasabi Mayonnaise

From Karen Barnaby, The Fish House in Stanley Park, Vancouver, this easy salad calls for canned salmon. Look for wild Pacific salmon as the Best Choice. Makes 4 servings.

**INGREDIENTS:**

- 1 can (7 oz/213 g) pink salmon, well drained
- 1 cup (250 m) shelled edamame (fresh soy beans), cooked and chilled
- 1/2 cup (125 ml) finely diced celery
- 2 green onions, white and green parts, thinly sliced
- 1/3 cup (75 ml) mayonnaise
- 2 tsp (10 ml) wasabi paste (or more to taste)
- 1 tbsp (15 ml) sesame seeds, toasted, for garnish
- 1 tbsp (15 ml) julienned fresh ginger, for garnish

**METHOD:**

In a bowl, combine salmon, edamame, celery and green onions.

In another bowl, combine mayonnaise and wasabi paste (to taste). Gently fold into salmon mixture. Cover and refrigerate to allow flavours to blend, about 30 minutes.

To serve, divide salad between four plates and garnish with sesame seeds and ginger.

**Tips:**

- Edamame are green soybeans usually found frozen in pods or shelled. Cook according to package directions, usually about 4 to 6 minutes in boiling water. Drain, rinse with cold water and if they are in pods, remove beans from pods.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

### Best Choice

Catfish (US) *farmed*
Caviar/ Sturgeon *farmed*
Clams *farmed*
Cod: Pacific (US) *bottom longline, jig, pot*
Crab: Dungeness
Fish sticks: Pollock (AK)
Haddock (Canada) *bottom longline*
Hake: Pacific (Canada)
Herring: Atlantic (US), Pacific (Canada)
Imitation crab: Pollock (AK)
Lobster: American (Atl. Canada)
Lobster: Rock, Spiny (Aus., US, Western Baja)
Mussels *farmed*
Oysters *farmed*
Pollock (AK)
Sablefish (AK, BC)
Sardine: Brisling, Sprats (US)
Shrimp/ Prawn: Sidestripe, Spot (BC) *trap-caught*
Swordfish (Atl. Canada) *harpoon* ◇
Tilapia (US) *farmed*
Trout: Rainbow *land-based farmed*
*Tuna *troll-caught* ◇

### Some Concerns

Catfish/ Tra/ Basa (Int'l) *farmed*
Clams: Atlantic soft shell (Atl.), Geoduck (US Pac.) *wild*
Cod: Pacific (Canada, US) *trawl*
Crab: King, Snow (Canada, US)
Haddock (US) *bottom longline*
Halibut: Atlantic, Pacific (Canada) *bottom longline* ◇
Lingcod ◇
Lobster: American (US Atl.)
Mahi mahi/ Dolphinfish/ Dorado
Mussels *wild*
Octopus (US)
Oysters *wild* ⊖
Sablefish (CA, OR, WA)
**Salmon: Pacific *wild*
Scallops: Sea (NE Atl. US)
Shark (US Pac.) ◇
Shrimp (Atl., Gulf of Mexico) *trawled*
Sole (Pac.) ⊖
Squid: Jumbo, Humboldt, Shortfin, Summer (Int'l)
Swordfish (US Atl.) *pelagic longline* ◇
Trout: Rainbow (Canada) *open-cage farmed*
*Tuna (US) *pelagic longline* ◇

### Avoid

Caviar/ Sturgeon (Int'l) *wild* ⊖ ◇
Chilean seabass/ Patagonian toothfish ◇
Clams (Atl.) *dredged*
Cod: Atlantic
Crab: King (Russia)
Flounder/ Sole: (US Atl.), Arrowtooth (Canada) ⊖
Grenadier
Haddock *trawl*
Halibut: Atlantic (US) *trawl* ◇
Lobster: Spiny (Int'l except Aus. + US)
Monkfish ◇
Orange roughy ◇
Rockfish/ Snapper *trawl* ◇
Salmon: Atlantic, Chinook *farmed* ⊖
Scallops: Sea (Canada, Mid-Atl. US)
Shark (Atl., Int'l) ◇
Shrimp/ Prawn: Tiger, White (Int'l)
Swordfish (Canada, Med., SE Atl.) *pelagic longline* ◇
Tilapia (China, Taiwan) *farmed*
*Tuna (Pac. Int'l) *pelagic longline* ◇
Tuna: Bluefin ◇

### Alert Codes

**Green = Best Choice.** This species is currently fished/ harvested sustainably and represents a best choice. Enjoy, while supporting responsible fishing and coastal livelihoods.

**Yellow = Some Concerns.** Seafood that should be consumed infrequently, or when a green choice is not available. There are conservation concerns with the current populations or practices in this fishery.

**Red = Avoid.** Do not purchase these fish for now. They come from sources that have a combination of problems—habitat damage, discard of unwanted species, poor management, low populations, can be easily harmed by fishing or may be listed by governments as Endangered.

**Health advisory.** Regular consumption of one or more species in this listing poses a health threat from ◇ mercury or from ⊖ PCB, dioxins or pesticides. For further information visit: www.seachoice.org

*The category "Tuna" includes Albacore, Bigeye, Skipjack and Yellowfin tunas, but not Bluefin. ** Check seasonal recommendations for salmon at www.seachoice.org Version: 04/2008
Abbreviations: AK=Alaska, Atl.=Atlantic, Aus.= Australia, BC=British Columbia, CA=California, Int'l=International, NE=Northeast, Med.=Mediterranean, OR=Oregon, Pac.=Pacific, SE=Southeast, US=United States, WA=Washington.

United States
## Presidential Inauguration

### Obama's pick

- During an appearance on a public television restaurant review show years ago, the next president raved about the peach cobbler served at a diner in his Chicago neighbourhood, the Dixie Kitchen and Bait Shop. For a recipe of the very same Peach Cobbler dessert, visit metronews.ca.

**Dining out?**
Dine Out Vancouver is now in full swing, and yes, several restaurants still have seats available. Go to tourismvancouver.com for a full list of participating restaurants. METRO NEWS SERVICES

## Urban Foodie

🌐🌐🌐🌐🌐 INSPIRED; 🌐🌐🌐🌐 VERY GOOD; 🌐🌐🌐 PALATABLE; 🌐🌐 HO-HUM; 🌐 NEVER AGAIN

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**Signature Dish:**
DB Burger
**Rating:** 🌐🌐🌐🌐
**Dinner & drinks for 2:**
$140

**My seared arctic char ($26) with yummy pureed parsnip and salsify was perfect, a very crisp skin with buttery flesh.**

There's been a lot of hype surrounding the opening of Daniel Boulud's first Canadian restaurant. And most of it is deserved.

A lovely room, above-the-notch service and an all-star kitchen … what's not to like? Our little group of three certainly had little to complain of.

A starter of escargot and chicken oyster fricasse ($17) with hazelnut spaetzle and button mushrooms had warmth of flavour and amazing texture. A duck terrine with onion compote ($14) was very nice, although I could have stood for more seasoning. Sunchoke velouté soup ($13) with tomato confit was beautiful to taste and see.

Mains got some mixed reactions. My seared arctic char ($26) with yummy pureed parsnip and salsify was perfect, a very crisp skin with buttery flesh. Moules frites ($24) in white wine sauce wasn't "velouté" enough for Mar's tastes and definitely needed more flavour. The fries, however, were fantastic. The DB burger ($28), a rich concoction of sirloin, short ribs and black truffle, was tasty (and very tall), but after eating half, Meg was stuffed.

A blueberry-lemon tart ($11) was a mound of lemon foam covering blueberries in lemon cream over delicate pastry. A very nice finish to a very nice meal.

### On the web

- Read the full article online at metronews.ca/vancouver/columnist/40411.
- Chew more on Anya's blog at metronews.ca/vancouver/blog/136310.

ANYA LEVYKH/FOR METRO VANCOUVER

Escargot & chicken oyster fricasse with mushrooms and spaetzle.

## Sip this tequila

Our memories and ideas of tequila usually revolve around midnight binge parties, body shots and other classy moments. There is, however, another side to the agave beast, one that is more traditional, especially in the southern hemisphere. Premium tequilas are rated as highly as cognac or port, and should be imbibed in the same way. One to try: Patrón Silver Tequila. At $89.99 at BCLS, it's not the most expensive bottle you can find but it's definitely not the cheapest, and its crystal-clear liquid is a light and surprisingly refreshing. Try on or off the rocks and sip slowly.

## Dining out

**CHINESE NEW YEAR**
Wild Rice (117 W. Pender St.) is celebrating the Year of the Ox with a special New Year's menu, which will run Jan. 25 - Feb. 8. Enjoy steamed oxtail dumplings with side stripe prawn ceviche, braised Pemberton beef, and red bean and white chocolate jioaza. Three courses for $25. Call 604-642-2882.

**DEADLINE EXTENDED**
Hart House (6664 Deer Lake Ave, Bby) is extending its Dine Out menu until Feb. 11. Selections include smoked albacore tuna carpaccio, braised beef short ribs, seared scallops and cinnamon cake donuts. All three courses for just $38. Call 604-298-4278 for more information.

## In brief

**CHEF JEFF** van Geest, former owner of Aurora Bistro, has signed on to the kitchen at Diva at the Met. We are looking forward to tasting the Geest difference.

**DOUBLE DINER ALERT!** Two greasy-spoon openings of note: From the boys at Cobre comes Deacon's Corner, and in the former Aurora Bistro space comes the Wallflower Diner. Stay tuned for reviews ...

Canadian Living magazine is on sale now!

### Canadian Living recipe of the month

# Linguine with Clams

For more great recipes, visit metronews.ca.

**INGREDIENTS:**
- 1 1/2 lb (750 g) fresh littleneck clams
- 1/4 cup (50 ml) dry white wine
- 8 oz (250g) linguine
- 1 tbsp (15 ml) extra-virgin olive oil
- 2 cloves garlic, minced
- 1/4 cup (50 ml) chopped flat-leaf parsley
- Pinch each salt and hot pepper flakes
- 1 tbsp (15 ml) butter

**METHOD:**
Scrub clams; discard any that do not close when tapped. In saucepan, cover and steam clams and wine over high heat until clams open, 4 to 5 minutes. Strain into bowl, reserving broth. Discard any clams that do not open. Set aside.

In large pot of boiling salted water, cook linguine according to package directions until tender but firm; drain.

Meanwhile, in skillet, heat oil over medium-low heat; cook garlic, parsley, salt and hot pepper flakes, stirring occasionally, until garlic is softened but not browned, about 2 minutes.

Add reserved clam broth; bring to boil. Add linguine; boil on high, stirring often, until about 3 tbsp (45 mL) liquid remains, about 2 minutes.

Add clams; toss until heated through. Stir in butter.

- Tip: Instead of clams, you can use 1 lb (500 g) mussels if you prefer.

**Black-and-white haute couture**

Pandas turned from China's national icon into a fashion statement as New York designer Vivienne Tam showcased black-and-white outfits at a Beijing show to raise funds for the endangered animal's quake-stricken habitat. **REUTERS**

# Style

## Makeup good enough for a Dame

**Renowned for her lilac hair and rhinestone-encrusted eye glasses, Dame Edna can now add MAC Cosmetics muse to her long list of accomplishments. With packaging as mirthful as the stage icon herself (each item includes a design of her whimsical eye wear), the colours are meant to portray Edna's over-the-top personality as well. The collection includes lipsticks, lip glosses, eye shadows, hi-light powder and nail lacquers, ranging from $11 to $39. Available at MAC counters across the country and at maccosmetics.com.** METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Style File

Kim Elbo

kim.elbo@gmail.com

### ask kim

**I am looking for a product that will keep my closet fresh and free of smell.**

Home Outfitters carries a product called Febreze Closet Renewables; they're shelves that keep your clothes organized and free of that old musty smell. NaturzAire also carries an odour absorbing product perfect for your closet. For more information, visit naturzaire.com.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

# Pieces to help you fake it

**Tight Top**
Designer: Smart Set
Shop: Smart Set
Address: Various Locations
smartset.ca

**Slim Skirt**
Designer: Skyler
Shop: Skyler
Address: Various Locations
skyler.ca

**Booty Jean**
Designer: Mavi
Shop: Mavi
Address: Various Locations
mavi.com

**tip:** When you're shopping for body shapewear make sure you buy a full control camisole that cuts down to your hips or tights that cut just below your bra, this will help avoid unwanted bulges.

### Outerwear Shapewear

Face it: Some of us weren't born with a perfectly proportionate body, but that's okay when we've got garments that make it look like we were. Falsely flaunt it with the built-in backside padding jeans by Mavi. The jeans will lift, extend and enhance your derriere. Flatten out your mid-section with the Smart Set top — the ribbed vertical lines will tighten and elongate your torso while the loose and free-flowing top and sleeves will help balance out the look. The convertible skirt/top by Skyler will keep things tucked in and hidden with its strong spandex and A-line cut.

### Body Shapewear

Perhaps it will take you longer than a couple of weeks to check off that New Year's resolution of shedding 10 to 20 pounds. So in the meantime why not fool everyone else into thinking that your 30-minute, once-weekly gym sessions are actually paying off? Friends will never know that your undergarments are actually doing the work. Hide your muffin top with hot pants from Twin Syndrome, visibly lean up those thighs with tights from La Vie en Rose, and take in a little tummy tuck with the Joe Fresh shaper top.

**Top Shape**
Designer: Joe Fresh
Shop: Superstore
Address: Various Locations
joe.ca

**Hot Pants**
Designer: Twin Syndrome
Shop: Twigg & Hottie
Address: 3671 Main St.
twinsyndrome.com

**Taut Tights**
Designer: La Vie en Rose
Shop: La Vie en Rose
Address: Various Locations
lavieenrose.com

**accessory**

**Tackle dry skin by helping soften and smooth with Palmers, $3.99. It contains 100 per cent pure cocoa butter and antioxidants with vitamins A, C and E. Available at Shoppers Drug Mart.**

**psst...** **Forget last week's wedding fair, Indie I Do is Vancouver's alternative wedding show. You'll be sure to find something unique and original for your special day. Happens Jan. 17, 11 a.m. to 6 p.m. at 3102 Main St. (indieido.com).**

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New Westminster 604.522.0777
Port Coquitlam 604.461.5200
Richmond 604.278.1503

*Excludes New Spring Arrivals. Some exception may apply.

## Roberto Cavalli-branded Mastercard

**MILAN** Italian designer Roberto Cavalli, known for his bold animal prints, is lending some style to the other side of the retail counter.

The designer, who counts the Spice Girls among his fans, has created a Roberto Cavalli-branded Mastercard with a snakeskin signature print and iridescent colouring.

The "Cavalli Card" also entitles holders to VIP services at Cavalli boutiques, access to special sales, events and shows.

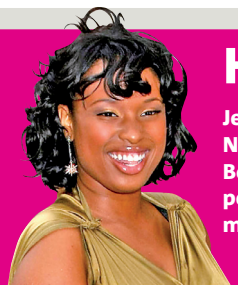
"I love to immerse myself in new projects — they stimulate my creativity," Cavalli said in a statement.

Created in collaboration with Corpcom, the card will be available starting March 1, available online at robertocavallicard.com and Roberto Cavalli boutiques worldwide.

It will be launched during Milan's women's fashion week in March. **REUTERS**

**Ricardo Montalban dies**
Actor Ricardo Montalban, best known as the mysterious Mr. Roarke on the popular television series Fantasy Island, died yesterday at the age of 88, a Los Angeles city official said. **REUTERS**

# Entertainment



## Her big gig

**Jennifer Hudson will sing the National Anthem at the Super Bowl in what will be her first performance since her family murder tragedy last October.**
**PEOPLE.COM**

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA

# Evolution of the jam band

## Gym Class Heroes blend diverse sounds

**ROB MCMAHON**
for Metro Canada

**Imagine an album that stitches together musical genres, multi-generational guest-stars and pop-punk style, and you have The Quilt.**

On that album, Gym Class Heroes (GCH) play out like a poppier Roots: a jam-band fronted by a rapper but that aims at the Fall Out Boy demographic. Hip-hop purists hear the band's guitars and drums, while the pop-punks focus on their raps. But no matter the milieu, the band doesn't tailor their performance to the crowd.

"We don't play differently, but are perceived differently," said drummer Matt McGinley. "At the end of the day, whether it's rock, hip hop, R&B, soul or funk, all the influences we find within ourselves come out when we play."

As with any group that wears influences squarely on both sleeves, GCH must tackle the ensuring debate: Is their music original or derivative? McGinley, when asked if he thinks artists are comfortable wearing their influences proudly, said that's true to a certain extent.

"It's all about being inspired and influenced by somebody — (and) to be using (these influences) in new and creative ways, rather than being obvious," he said.

When the band started out 10 years ago, McGinley was drawn to jazz and funk percussion, while founding member Travis McCoy delivered his verses through raps. McGinley learned to play drums to ?uestlove's work on Things Fall Apart, and the duo looked to that group's innovative approach to rap music and ability to jam out their songs.

"We didn't set out to be a hip-hop band — we were just kids who wanted to make noise in our parent's living rooms. Over the years we moved towards that kind of sound," said McGinley. "It's cool to be able to showcase your musical chops and abilities as a band … but it's all about what can enhance the song."

### In concert

- The Gym Class Heroes play General Motors Place on Jan. 24 with Lil' Wayne and T-Pain.

WARNER MUSIC PHOTO

**Gym Class Heroes blend hip hop, rock, R&B, soul and funk on their latest album, The Quilt.**

## MusicReviews

music@metronews.ca

### A.C. Newman

**Album:** Get Guilty
**Label:** Last Gang Records
**Rating:** ⊕⊕⊕½

**IN THE WORLD OF** Canadian indie darlings, A.C. Newman maybe the darlingest. The hipsters are already atwitter about this second solo release from the creative light behind the New Pornographers. But let's keep our feet on the ground. This is not an earth-shaking epic that is going to change the face of alt-rock. It is a charming, intelligent album with roots squarely in the '60s English psychedelic scene, offering up nods to acid-era Donovan Leitch, and early David Bowie.

**Graham Rockingham/for Metro Canada**

GlobalStyle
Kenya Hunt
Exclusively at metronews.ca/globalstyle

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

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Rick McGinnis
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email: kevin.paxman@ca.g4s.com

primetime 1/15/09

| VA | Vu | SC | C | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| primetime | 251 | 308 | 3 CBC | Coronation St. | Jeopardy! (N) | The Nature of Things (N) | | Doc Zone "Forever Plastic" | | CBC News: The National (N) | | (:05) The Hour |
| | 255 | 358 | 6 JOY | E! News | The Insider | Name Is Earl | Kath & Kim | The House Next Door (2006) Lara Flynn Boyle. (CC) | | | | News (N) |
| | 254 | - | 8 M | Two/Half Men | Two/Half Men | Omni News: Mandarin Edition | | News: Cantonese Edition | | Omni News: Punjabi Edition | | Metropia |
| | 250 | 321 | 9 CTV | etalk (CC) | Hollywood | CSI: Crime Scene Invstgtn. | | Grey's Anatomy (N) (CC) | | (:01) ER "Dream Runner" (N) | | News (N) |
| | - | - | 10 OMNI | The Daily | Frasier (CC) | Smallville "Legion" (N) (CC) | | Supernatural (N) (CC) | | Scrubs (CC) | Diya (CC) | New Day |
| | 252 | 336 | 11 GTV | Entertainment | ET Canada | Bones (N) (PA) (CC) | | The Office (N) | Billable Hours | The Unit "Sex Trade" (CC) | | News (N) |
| | 256 | 389 | 12 VI | Instant Star | TMZ (N) (CC) | Don't Forget the Lyrics! (N) | | Eleventh Hour "H2O" (N) | | (:01) Private Practice (N) | | News (CC) |
| | 253 | 359 | 13 CITY | Law & Order: SVU | | Ugly Betty (N) (CC) | | 30 Rock | 30 Rock (N) | Murdoch Mysteries | | EP Daily |
| | - | - | 14 CW | Deal-No Deal | Deal-No Deal | Smallville "Legion" (N) (CC) | | Supernatural (N) (CC) | | Seinfeld | Seinfeld | Frasier (CC) |
| | 289 | 381 | 15 CBS | Entertainment | The Insider | CSI: Crime Scene Invstgtn. | | CSI: Crime Scene Invstgtn. | | (:01) Eleventh Hour "H2O" (N) | | News (N) |
| | 287 | 379 | 16 NBC | Evening Mag. | Inside Edition | Name Is Earl | Kath & Kim | The Office (N) | (:31) 30 Rock | (:01) ER "Dream Runner" (N) | | News (N) |
| | 602 | 568 | 19 W | Will & Grace | Friends (CC) | Divine Design | House | Confidential | House | Divine Design | House | Maxed Out |
| | 288 | 380 | 21 ABC | Wheel-Fortune | Jeopardy! (N) | Ugly Betty (N) (CC) | | Grey's Anatomy (N) (CC) | | (:01) Private Practice (N) | | KOMO 4 News |
| | - | - | 23 KVOS | M*A*S*H | Seinfeld | The Bachelor ★ (1999) Chris O'Donnell, Renée Zellweger. | | | | King | Still Standing | Scrubs (CC) |
| | 291 | 383 | 27 PBS | Steves Europe | Field Guide | Doc Martin "Going Bodmin" | | Poirot (CC) | | Globe Trekker (CC) (DVS) | | Spain |
| | 290 | 382 | 28 FOX | Two/Half Men | Two/Half Men | Bones (N) (PA) (CC) | | Kitchen Nightmares "Cafe 36" | | News (N) (CC) | | Family Guy |
| | - | 364 | 43 PBS | The Human Face | | Red Green | Summer Wine | Tavis Smiley | Charlie Rose (N) (CC) | | This-House | Yankee Shop |
| | 296 | 654 | 64 SBK | Frasier (CC) | Frasier (CC) | Punk'd (CC) | South Park | Cheers (CC) | Half & Half | The Insider | Entertainment | Bad Hair Days |
| | 298 | 653 | 65 TLA | Two/Half Men | Two/Half Men | Smallville "Legion" (N) (CC) | | Supernatural (N) (CC) | | KTLA Prime News (CC) | | Friends (CC) |
| | 295 | 651 | 66 WGN | WGN News at Nine (N) (CC) | | Family Guy | Two/Half Men | According-Jim | Sex and-City | Friends (CC) | Friends (CC) | My Wife-Kids |
| | 297 | 652 | 67 WPX | PIX News at Ten Tong. (N) | | Two/Half Men | Friends (CC) | Sex and-City | According-Jim | Frasier (CC) | Frasier (CC) | Odd Couple |
| | 199 | 311 | 76 STR | News (N) | News | | Late Show-Letterman | | Late Late Show | | Will & Grace | Will & Grace |
| news | 502 | 390 | 26 NW | The Nature of Things (CC) | | CBC News: The National (N) | | CBC News: The National | | The Nature of Things (CC) | | National |
| | 500 | 500 | 33 CNN | Anderson Cooper 360 (CC) | | | | Larry King Live | | Anderson Cooper 360 (CC) | | Cooper 360 |
| sports | 407 | 419 | 22 RSP | NHL Hockey Phoenix Coyotes at Vancouver Canucks. (Subject to Blackout) | | | | | Sportsnet | Sportsnet Connected (Live) | | Sportsnet |
| | 400 | 400 | 30 TSN | SportsCentre (Live) (CC) | | | Off the Record | Boxing Tomasz Adamek vs. Steve Cunningham. (CC) | | | | SportsCentre |
| | 411 | 457 | 49 OLN | Bounty Hunter | Dakar Rally | Survivorman (CC) | | Mantracker "Josh & Kyle" | | Bounty Hunter | Dakar Rally | Survivorman |
| | 410 | 403 | 54 SCR | Basketball | NBA Basketball Phoenix Suns at Denver Nuggets. (Subject to Blackout) (Live) | | | | | Final Score | Final Score | Final Score |
| | 417 | 406 | 55 SC | (4:00) Barrett-Jackson Automobile Auction (Live) | | | | Barrett-Jackson Automobile Auction Thursday action from Scottsdale, Ariz. | | | | |
| | 416 | 409 | 144 GLF | Footballers | Extra Time | Gol TV News | Extra Time | Extra Time | Gol TV News | Gol TV News | Extra Time | Gol TV News |
| family | 552 | 543 | 25 YTV | Scorpion | Prank Patrol | Malcolm-Mid. | Futurama | Adrenaline | Prank Patrol | Falcon Beach (CC) | | Mystery Hnt. |
| | 555 | 545 | 50 TEL | Totally Spies | Total Drama | 6teen (CC) | Sixteen (CC) | Misadventures | Futurama | The Critic | Chicken | Undergrads |
| | 557 | 541 | 51 FAM | Wizards-Place | That's-Raven | Zack & Cody | Natural-Sadie | Han. Montana | Life Derek | Ned's School | Cory in House | Zack & Cody |
| | 553 | 546 | 56 TRE | Comfy Couch | Rolie Polie | Max & Ruby | Babar (CC) | Backyard | Dora-Explorer | Go, Diego, Go! | Franklin | Big Comfy |
| cable variety | 268 | 354 | 5 KNO | Strange Days on Planet Earth | | Michael Palin's New Europe | | We Built This City (CC) | | Vertical City | e2 (CC) | Bully's Mark |
| | 575 | 583 | 20 CMT | Hope & Faith | Hope & Faith | Cheerleaders | Cheerleaders | Home Imp. | Home Imp. | Reba (CC) | Reba (CC) | Hope & Faith |
| | 570 | 580 | 24 MM | Gossip Girl (CC) | | Video on Trial | Video on Trial | Brooke Knows | Brooke Knows | MuchTopTens (CC) | | Spotlight |
| | 600 | 564 | 29 H&G | Home to Flip | Real Renos | Holmes on Homes (CC) | | The Fix (CC) | Disaster DIY | Home to Flip | Real Renos | Holmes |
| | 615 | 520 | 31 A&E | The Beast "Pilot" (CC) | | (7:52) The Beast "Pilot" (CC) | | The First 48 (CC) | | The First 48 (CC) | | The Beast |
| | 628 | 584 | 32 SPKE | (6:00) TNA iMPACT! (N) (CC) | | CSI: Crime Scene Invstgtn. | | UFC | UFC | UFC: Access | Married... With | Pros vs. Joes |
| | 521 | 560 | 34 TLC | LA Ink "66 Nikkis" (N) (CC) | | Saw for Hire | Saw for Hire | LA Ink "66 Nikkis" (CC) | | Overhaulin' (CC) | | LA Ink (CC) |
| | 616 | 522 | 39 SHO | The Outer Limits "Summit" | | About a Girl | Love-Death | Trailer Park | Trailer Park | American Pie 2 ★★ (2001) Jason Biggs. | | |
| | 620 | 523 | 40 BVO | Touch of Pink | Bravonews | Law & Order (CC) | | Without a Trace "4.0" (CC) | | Frogs for Snakes ★★ (1998, Suspense) (CC) | | |
| | 601 | 562 | 41 SLC | The Biggest Loser | | ET Canada | Matchmaker | The Biggest Loser | | Trading Spouses | | Biggest Loser |
| | 520 | 505 | 42 DIS | MythBusters (CC) | | Daily Planet (CC) | | Deadliest Catch (CC) | | Fireball of Tutankhamun | | Secrets |
| | 522 | 506 | 44 HIS | NCIS "Witch Hunt" (CC) | | Lost Worlds (CC) | | Deep Wreck Mysteries (CC) | | NCIS "Witch Hunt" (CC) | | Ancestors |
| | 627 | 528 | 45 SPC | Ghost Hunters International | | Stargate SG-1 (CC) | | Star Trek: Next Gener. | | Star Trek: Deep Space Nine | | Star Trek: Ent. |
| | 294 | 650 | 47 TBS | Kicking & Screaming ★★ (2005, Comedy) Will Ferrell. (CC) | | | | Sex and-City | Sex and-City | Kicking & Screaming ★★ (2005) Will Ferrell. | | |
| | 619 | 525 | 48 TROP | Make | Fashion | Family Guy | Seinfeld | Seinfeld | Raymond | Family Guy | Married... With | Seinfeld |
| | 603 | 561 | 52 FN | Family | Glutton | Ace of Cakes | Ace of Cakes | Challenge "Villain Cakes" | | Unwrapped | Secret Life of | Family |
| | 626 | 547 | 57 COM | Air Farce | Just for Laughs (CC) | | Corner Gas | The Simpsons | South Park | VIP | Gong Show | Daily Show |
| | 320 | 621 | 60 CEN | (6:15) A Teacher's Crime (CC) | | Joe Strummer: The Future Is Unwritten ★★★ (2007) (CC) | | | | (:05) Blades of Glory ★★★ (2007) (CC) | | |
| | 581 | 566 | 101 MTV | True Life (CC) | | MTV Live | After | Next (CC) | Mom & Dad | True Life (CC) | | MTV Live |
| | 261 | 394 | 102 V | (6:00) Crossing Delancey (CC) | | Poltergeist: The Legacy | | Crossing Delancey ★★★ (1988) Amy Irving. (CC) | | | | Paid Program |
| | - | - | 109 MUL | Matchmaker | Mom's-Upset | Vancouver | Kahkashan | Dheeyan Ghar | Sadabahar | Desi-Mama | Desi Rhythms | Patrol World |

## critics'corner

**Doc Zone**
When that guy in "The Graduate" told Ben Braddock that the future was in plastics, he probably wasn't thinking about plastic's effect on the future. The new documentary "Forever Plastic" examines Canadians' efforts to be green in a world filled with this convenient but environmentally unfriendly stuff. There are "greener" plastics being developed, but as the film explains, they come with their own environmental issues. 9 PM on CBC

**The Beast**
He's 56 years old and in treatment for pancreatic cancer, but Patrick Swayze won't let either of those situations slow him down. He stars in this new series as a maverick FBI agent, Charles Barker, whose unorthodox approach to solving cases gets the job done, to the frequent chagrin of his superiors. In the premiere, they ask Barker's partner, rookie Ellis Dove (Travis Fimmel), to help them investigate his methods. 7 PM on A&E

**Baldwin the broadcaster**
Alec Baldwin has landed a job as a radio host. He has been offered the role as host for the New York Philharmonic's national radio broadcasts. FEMALEFIRST.CO.UK

# Celebrity Buzz

## Kanye's unlikely style inspiration

**FASHION** Kanye West has revealed the inspiration behind his fashion: Gay men, femalefirst.co.uk reports.

The website says an old video clip of Kanye has been unearthed and in it the rapper reveals that he often checks out what gay men are wearing.

"Gays really know how to dress," he states. They are not his only inspiration though. He also reveals: "I feel like Japanese dress really good too."

METRO NEWS SERVICES

## Heche has the baby boy blues

**BABY** Anne Heche has offered some blue clues of the gender of her baby, people.com reports.

At the Boom Boom Room Children's Gifting Wonderland in Los Angeles, the actress chose a pair of Robeez Guitar leather booties in pastel blue, a dozen blue Happy Heinys reusable diapers and a blue MiGi baby blanket, the website says.

METRO NEWS SERVICES

# Kate's body gets rave Hollywood reviews

**PEOPLE** Oprah Winfrey is proud of Kate Winslet's real golden globes, usmagazine.com reports.

"I love the fact that you have real breasts, 'cause in all the breast scenes, your breasts do what real breasts do," she said Tuesday on The Oprah Winfrey Show.

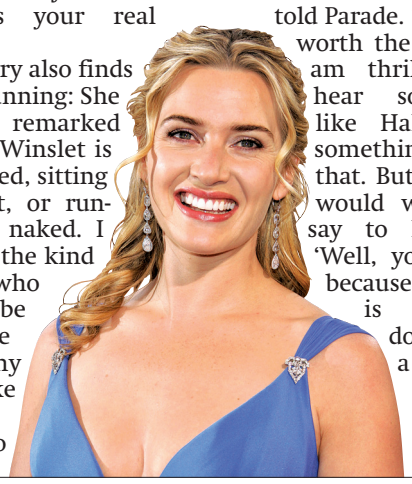
"There's that wonderful thing, you know, if you are a woman, you're lying on your back, your breasts they go to — they part — but if you look at a woman with not real breasts, their breasts are sticking straight up," she told the actress, who won two Golden Globes Sunday.

"That's how you know. God bless your real breasts!"

Halle Berry also finds Winslet stunning: She recently remarked that "Kate Winslet is always naked, sitting on a toilet, or running buck naked. I want to be the kind of actress who can really be comfortable with my body like that."

"That's so amazing," Winslet — who bares it all in her new drama The Reader — recently told Parade. "That is worth the pain! I am thrilled to hear someone like Halle say something like that. But what I would want to say to her is, 'Well, you can,' because all I do is say, 'I don't give a —!'"

METRO NEWS SERVICES



# Media twisted my words: Nicole

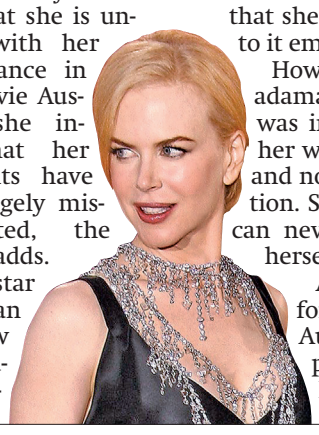
**MEDIA** Nicole Kidman claims the media has twisted her words, femalefirst.co.uk says. After reports that she is unhappy with her performance in new movie Australia, she insists that her comments have been hugely misinterpreted, the website adds.

The star said in an interview with Sydney radio station 2DayFM, that she "can't look at this movie and be proud of what I've done." She added that she couldn't "connect to it emotionally."

However, the actress is adamant that the she was in fact referring to her whole body of work and not just this production. She claims that she can never bear to watch herself on screen.

A representative for the actress told Australian newspaper The Sydney Morning Herald: "It is quite ridiculous for anyone to believe that reports if they listened to the actual interview. It's hard to believe some of the world's media have fallen for it."

The article printed in Australian newspapers stated: "Miss Kidman, who attended the premiere with country singer husband Keith Urban, said: 'I can't look at this movie and be proud of what I've done. I sat there and I looked at Keith and went, 'Am I any good in this movie?'" METRO NEWS SERVICES



# No love for U.S. theatre audiences: Daniel

**CAREER** Daniel Radcliffe blasted U.S. theatregoers, femalefirst.co.uk reports.

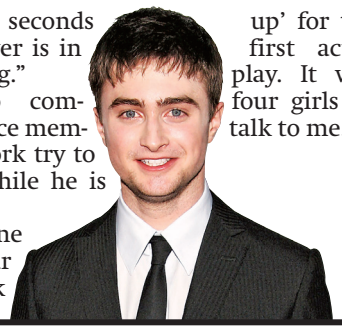
The actor — who is currently appearing in the Broadway play Equus — says American audiences are noisy and rude and have no respect for the arts.

The star said: "I would like to initiate an initiative, the Broadway Annoying Audience Member Relocation Programme, so we can lose the people whose phones ring more than three times, that have the kind of throat condition which causes them to cough like they have consumption, those who take more than 10 seconds to find whatever is in their plastic bag."

Daniel also complained audience members in New York try to talk to him while he is onstage.

He said: "One night, I hear 'Dan, Dan, look up' for the entire first act of the play. It was these four girls trying to talk to me."

METRO NEWS SERVICES



# Britney moving on up

**PEOPLE** With a new outlook for her life and career, Britney Spears is about to change addresses, people.com reports.

"I just took my babies to our new home and they loved it! I can't wait to move in," the pop star says on her website.

Spears, 27, who has visitation rights — including overnights — with her sons Jayden, 2, and Preston, 3, put her six-bedroom, six-bathroom Studio City, Calif., on the market for more than $7 million US. There was no official word on where the new house is, people.com adds.

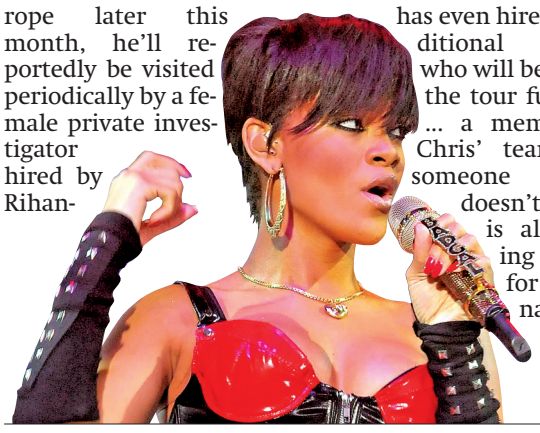
METRO NEWS SERVICES

# Rihanna sends out spy

**RELATIONSHIP** Rihanna is apparently more than a little suspicious of boyfriend Chris Brown. When Brown heads out on tour in Europe later this month, he'll reportedly be visited periodically by a female private investigator hired by Rihanna "just to make sure he's not fooling around," a source told the Chicago Sun-Times.

But that's not all. "She has even hired an additional 'mole' who will be part of the tour full time ... a member of Chris' team, but someone he doesn't realize is also spying on him for Rihanna."

METRO NEWS SERVICES



# Wedding bells for Depp?

**MARRIAGE** Wedding bells may finally be ringing for Johnny Depp. The reclusive actor is said to be planning to marry his longtime girlfriend, Vanessa Paradis, in a private ceremony on the grounds of their $1.25 million US French estate, according to the National Enquirer.

"They're planning to marry in April," a source told the tabloid. "They want a really small wedding with only 50 family and close friends."

Depp and Paradis have been together for 10 years and have two children together, nine-year-old Lily Rose and six-year-old Jack.

METRO NEWS SERVICES

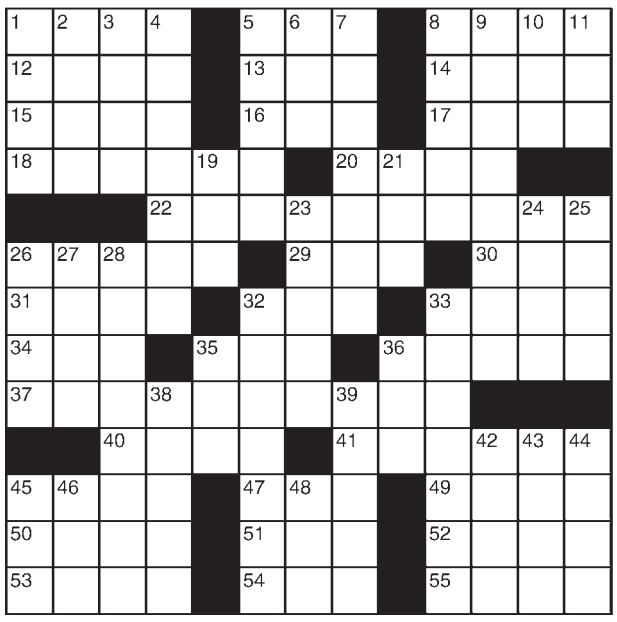
GETTY IMAGES PHOTOS

The Weather Network
TWN incorporates MSC data
Today Sunny 9°/ 3°
Friday Mainly sunny 9° / 3°
Saturday Sunny 9°/ 4°
WeatherEye... Free App Available on iPhone.



For more delicious Metro recipes, visit: **metronews.ca/food**

# Take Five



## Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 7 | 2 | | | | 6 | 3 | |
| | | | 8 | | 4 | | | |
| 5 | 3 | | | 2 | | | 9 | 1 |
| | | 6 | 1 | | 5 | 4 | | |
| 1 | | | | | | | | 5 |
| | | 8 | 3 | | 2 | 9 | | |
| 6 | 8 | | | 5 | | | 4 | 2 |
| | | | 2 | | 7 | | | |
| | 2 | 9 | | | | 7 | 5 | |

## Crossword across

1 Give the axe to
5 Prompt
8 Surrounded by
12 Jamaican citrus
13 Venomous viper
14 Arp's style
15 Handle roughly
16 Long March leader
17 Exile
18 Threatening term
20 Siestas
22 Yogi Bear's home park
26 Winter warmer
29 Type squares
30 Bagel topper
31 Partner in crime
32 More, to Manuel
33 Father (Fr.)
34 Ms. Farrow
35 Insult (Sl.)
36 Metric measure
37 Comedian
Paula
40 Morse morsels
41 Bandleader Cugat
45 Eastern bigwig
47 Bill
49 Part of A.D.
50 Lummox
51 Swelled head
52 — Rhythm
53 Go angling
54 Dog's dog
55 Whip

## Crossword down

1 Wrestling style
2 Culture medium
3 Hint
4 Party pooper
5 Ship of the desert
6 N.A. nation
7 People things are named for
8 Take as one's own
9 They're roomy and gloomy
10 Picks out of a lineup
11 Gram. case
19 Wet expanse
21 Foolish sort
23 Minimum
24 Standard
25 Former partners
26 Overly theatrical
27 Hodgepodge
28 Robert Graves subject
32 Faux pas
33 Triumph
35 Banned bug spray
36 CSI evidence
38 Bridge player
39 U-shaped yoke holder
42 Young Frankenstein role
43 Grandson of Eve
44 Portnoy's Complaint author
45 Sprite
46 Miss Piggy's pronoun
48 Palindromic title

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 1 | 6 | 9 | 5 | 7 | 8 | 3 | 2 |
| 8 | 3 | 5 | 2 | 4 | 1 | 6 | 9 | 7 |
| 9 | 2 | 7 | 8 | 6 | 3 | 4 | 1 | 5 |
| 3 | 4 | 2 | 1 | 8 | 5 | 7 | 6 | 9 |
| 5 | 9 | 1 | 7 | 2 | 6 | 3 | 8 | 4 |
| 6 | 7 | 8 | 3 | 9 | 4 | 2 | 5 | 1 |
| 2 | 6 | 4 | 5 | 3 | 9 | 1 | 7 | 8 |
| 7 | 8 | 9 | 6 | 1 | 2 | 5 | 4 | 3 |
| 1 | 5 | 3 | 4 | 7 | 8 | 9 | 2 | 6 |

Find today's answers + play more games at metronews.ca

**SUDOKU SOLVE TIME:**
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

## Metro Recipe of the Day

### Lamb Chops Provençale

**INGREDIENTS:**
4–6 medium floury potatoes
Salt and black pepper
2 tbsp (25 ml) olive oil
2 medium onions
2 cloves garlic
8 lamb chops, about 3 1/2 oz (100g) each
4 sprigs fresh rosemary
1/2 lb (250 g) Italian or cherry tomatoes
3/4 cup (175 ml) lamb or chicken stock
1 can (19 oz/540 ml) cannellini beans
Celery salt
4 tbsp (60 ml) milk

**METHOD:**
1. Bring large saucepan of water to boil. Peel and dice potatoes and add to boiling water with some salt. Reduce heat, cover pan and cook gently 15–20 minutes, or until tender.
2. Meanwhile, heat oil in large frying pan or flameproof casserole. Halve, peel and slice onions and add to the pan. Peel garlic and crush in. Fry over fairly high heat until onion has softened and is well browned, then transfer to plate and set aside.
3. Add chops to pan and fry over moderately high heat for 2–3 minutes per side, or until lightly browned.
4. While chops are cooking, rinse rosemary and strip leaves from stems. Rinse and roughly chop tomatoes.
5. Return half of onions and garlic that you set aside to lamb in pan. Add chopped tomatoes, stock and rosemary, then increase heat to high.
6. Drain cannellini beans and add to pan with celery salt and black pepper to taste. Bring to boil then simmer, uncovered, for 8–10 minutes.
7. Meanwhile, drain potatoes, mash with milk, then stir in remaining fried onion and garlic. Add a few extra chopped rosemary leaves to potatoes if you like. Season to taste and serve with lamb.

**SERVES 4**

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

## Horoscopes

AVATAR VENUS

**ARIES**
MARCH 21-APRIL 20
Cheer up an unreliable friend whose feelings are hurt. A naive person is attractive; but you can resist. Nature has a strange impact.

**TAURUS**
APRIL 21-MAY 21
Don't believe a coward's promises. An insightful and shocking opinion will affect a project. A man will render a compromise ineffective.

**GEMINI**
MAY 22-JUNE 21
A hard-working woman is disgruntled. An eager man will take a step forward. Don't complain too hard about a pointless delay.

**CANCER**
JUNE 22-JULY 22
A relative tells the truth about the family. A pleasant enemy takes flight. Listen politely to a man's wild ideas.

**LEO**
JULY 23-AUG 23
Say goodbye to a guy with a hidden agenda. A nasty job is the path to bliss. Daydreams are an absolutely delightful time-waster.

**VIRGO**
AUG 24-SEPT 22
A control freak wants to scavenge stuff. Someone will have to keep a promise and like it. The countdown begins for getting yourself on track.

**LIBRA**
SEPT 23-OCT 23
Find a public meeting and take action. Be cautious but not fearful. Nostalgia is growing for the good old summertime.

**SCORPIO**
OCT 24-NOV 22
Functional devices are handy in a sticky situation. Don't get too excited by a brilliant idea. You've been handling too much on your own.

**SAGITTARIUS**
NOV 23-DEC 21
Don't take any unnecessary risks when travelling. Avoid confiding in a difficult person. You'll be glad to know that a rascal is around.

**CAPRICORN**
DEC 22-JAN 20
People will suspect that you're daydreaming. Request help with an unfamiliar issue. A stroke of luck will expose someone.

**AQUARIUS**
JAN 21-FEB 18
Depend on an elder to make the right moves. Refuse to be pinned down if a debate turns sour. Attention is focused on your appearance.

**PISCES**
FEB 19-MARCH 20
Romantic moments are postponed. Don't overplay your hand with a pompous expert. Call somebody to brighten their day.

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